Body Butters & Lip Balms: Solid Deodorants
Welcome to the Solid Deodorants Lesson!

This lesson gives you the information needed to make solid deodorants. On the video I use small travel size tubes, but you can use any push-up tube for these deodorants. I like these small tubes as long as you don’t fill them too high. If you fill them all the way or roll them up too high, the solid butter can stick to the top part of the tube when you try to open it. Play around with different containers and see what you like.

You have to apply all natural deodorants more frequently than the ones that have chemicals in them. This is another reason the travel size container is nice—you can easily have one with you during the day.

**Note:** Some people love the feel of the butters under their arms (I am one of those people) and others don’t.
Solid Deodorants

Objective
Make natural solid deodorants with essential oils.

Carriers
The deodorants are a 3:1 ratio—perfect for keeping their shape within the tubes while being soft enough to apply to your skin.

- 1/2 oz (14 g) beeswax
- 1.25 oz (35 g) jojoba wax
- 1/4 oz (7 g) shea butter

Essential Oils
- 20 drops total of your favorite essential oils. I’ve got some great recipe suggestions on the next page!

Bottles/Containers
- Six 1/3 oz deodorant tubes (10 ml each)

Other Supplies
- Pyrex measuring cup
- Pipettes
- Glass stir rod

Directions
1. Set up your deodorant tubes on a tray. Have your pipettes nearby.
2. Add your beeswax and jojoba to a 2-cup (480 ml) Pyrex and melt.
3. Once melted, remove from heat and add the shea butter and stir until fully melted. If you need more heat to melt the shea butter you can place the Pyrex back in the pot with the hot water on a low heat and continue stirring.
4. Once fully melted, remove from the heat, add your essential oils and stir.
5. Soak up the hot liquid into a pipette and dispense into the deodorant tubes. Fill the tubes almost to the top, leaving room to cap them without disturbing the liquid. Fill all the tubes, then cap very gently, moving the tubes as little as possible.

If the hot liquid begins to solidify while you’re dispensing it into the tubes, you can place the Pyrex back in the hot water to keep it liquid while you dispense it into the tubes. Leave the tubes to solidify and cool for at least an hour. Avoid rolling the tube up before it is totally solid and cool to the touch.
Solid Deodorant Recipes

Sweet Cedar
• 10 drops Cedarwood (Cedrus atlantica or Juniperus virginiana)
• 7 drops Sweet Orange (Citrus sinensis)
• 3 drops Lavender (Lavandula angustifolia)

Citrus Jasmine
• 12 drops Patchouli (Pogotemon cablin)
• 6 drops Distilled Lime (Citrus aurantifolia)
• 2 drops Jasmine (Jasminum grandiflorum)

Aromatic Resin
• 10 drops Frankincesne (Boswellia carterii)
• 5 drops Myrrh (Commiphora myrrha)
• 5 drops Elemi (Canarium luzonicum)

Tropical Deodorant
• 1/2 oz (14g) beeswax
• 1.25 oz (35g) vanilla infused jojoba
• 1/4 oz (.25 oz, 7g) coconut oil

Mild Deodorant
• 1/2 oz (14g) beeswax
• 1.25 oz (35g) jojoba
• 1/4 oz (.25 oz, 7g) marula

Rich, Exotic Deodorant
• 1/2 oz (14g) beeswax
• 1.25 oz (35g) baobab oil
• 1/4 oz (.25 oz, 7g) cocoa butter